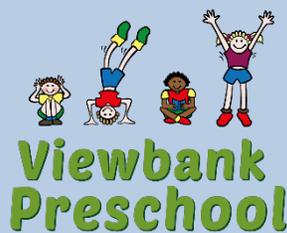


# Newsletter TERM 3 - 2022



Inspiring learners for life.

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## Welcome

To our wonderful kinder families,

On behalf of the teachers and management committee, welcome to our third newsletter for the term.

In this edition we give you a snapshot of your child's and their friends' recent kinder adventures. From patting a crocodile, bus trips to learn safety on the road, to spotting nocturnal animals at night kinder; there's no limit to the hands-on ways we teach our children.

We continue teaching our Language Program, which is really helping our children appreciate other cultures. We plan to do more of this soon, as we begin talking about each person's cultural heritage and background.

As we approach the end of the term and meet the half-way point in the year, many of you in the Red and Blue Groups will be having discussions with your child about transitioning to school next year. Some families have already had their primary school visits and we encourage you to grow friendships with other families whose children are going to the same school. This will help to make the transition easier on your child. Reach out to your child's teacher if you missed this information we put up on posters outside kinder recently.

Lastly, We're calling out for donations of small pieces of wood for our budding carpenters. Please refer to the General News section further along.

We hope you enjoy this read!

Warm regards,

**Andrea Anderson – President**

## SPECIAL EVENTS

### KINDER WORKING BEES

Blue Group Working Bee  
Sunday, 11<sup>th</sup> September

Red Group Working Bee  
Sunday, 23<sup>rd</sup> October

### RED GROUP

Father's/Grand-pa's Night  
Thursday, 8<sup>th</sup> September  
5.30-7.30pm

Kool Kids First Aid Incursion  
Wednesday, 7<sup>th</sup> Sept

### BLUE GROUP

Father's/Grand-pa's Night  
1<sup>st</sup> September  
5.30pm-7.00pm.

Kool Kids First Aid Incursion  
Tuesday 6<sup>th</sup> September

### GREEN GROUP

Father's Day celebration  
Thursday 1<sup>st</sup> September  
8.30-9.30am

Kool Kids First Aid Incursion  
Tuesday 6<sup>th</sup> September

Teddy Bears' Picnic – Last session  
of term 3  
Thursday 15<sup>th</sup> September

### AGM

Tuesday 25<sup>th</sup> October  
7.00-8.00pm



## Red Group

Welcome back to term 3 to our wonderful red group families.

Red group have had a really positive start to the term.

We are so glad to have our duty parents back in the program this term. If you would like to come in and help support our program please put your name on our roster on the sign in book.

To keep up to date with what is happening in the program on a weekly basis please read our weekly reflection which is sent to you on a Friday evening.

You will need the red group password to access this. Please let us know if you are not receiving this link or you have forgotten the password.

### Our Intentional teaching planned for term 3

Intentional teaching is just some of the learning that happens within the program. We scaffold children's interests as they occur from day to day. We will be embracing opportunities for learning happening in our immediate natural environment around us with our native flora, fauna and weather.

**Resilience Project** – Empathy and Mindfulness

**Signing In at kinder** – children signing their name in our children's sign in book

**Our Mandarin program** with Mia will continue every Friday for term 3 and 4.

**Library borrowing** – continues for term 3 and 4

**Wood – work** – Working with wood, hammers, screwdrivers, nails and screws

**Aboriginal Culture** – Stories, singing, dancing and instrument playing

**Australian Animals** – Wild Action show

**Arctic Animals** – Experimenting with ice and temperature

**Winter to Spring environmental changes** – Dandelion Investigation

**Staying Safe** – Dangers in the environment

**Road safety and Bike safety** – visit to Traffic school, bike program

**Aaron Bear stays and presentations** – Aaron has begun his sleep-over visits.

**Father's Day** – Gift making, Father's Sports/Pizza night

**The Night sky /Space** – Night kinder session



## Red Group



### Special dates for your diary:

- **Kool Kids First Aid Incursion** Wednesday, 7<sup>th</sup> September
- **Fathers/Grand-pa's Night** Thursday, 8<sup>th</sup> September, 5.30-7.00pm

We will be looking out for some parent helpers closer to Special event dates. Look out for a note on the sign in book soon.

The children's' portfolios are full of some amazing learning the children have been involved in so far this year. Feel free to have a look when on duty or at pick-up. Ours are the Red folders that sit opposite the door way as you come through the front door.

### Transition Reports:

As part of the transition to school a Transition report is written by the Kindergarten teacher in conjunction with the family. Transition reports helps your child's foundation teacher get to know and understand your child giving them a snapshot of their skills, abilities, interests and area's that will need support. I will begin writing these towards the end of term 3. Early term 4 families will contribute their part of the report which is then completed by the teacher and forwarded to the school your child is attending in 2022. Families will also receive a complete copy of the report.

Please feel free to email me if you have any questions or concerns regarding the program or your child. Ann-Marie's email - [redgroup@viewbankpreschool.com.au](mailto:redgroup@viewbankpreschool.com.au)

Thank-you,

Ann-Marie, Merryn, Anna and Mia

## Blue Group

Term 3 is here already, and well underway!

We welcomed Evelyn and her family back to Viewbank Preschool this term, as a place became available with Adira moving interstate during the school holidays. (We just received a letter from Adira and are writing back to her!)

We began the term discussing the changes in the weather and enjoying some 'winter' sensory experiences. Ice blocks and water, salt tray and arctic animals have been popular.

Our bike program is underway. The children are doing well following the rules and waiting for a turn. It was great to practice riding on paths with real traffic lights on our excursion to Kew Traffic school.

We have been offering the children the opportunity to use hammers and nails at our workbench. This is very challenging and great practice for their hand/eye co-ordination and fine motor skills. We used some grass seed to make some 'Hairy Harry Seed Men' we have been watering them each day and they have begun to sprout.

Isabella Bear has been enjoying her sleep over adventures with the children-we will continue until everyone has had a turn. The children are proud to present their journal page to the group letting them know what they have done with Isabella.

A couple of weeks ago we had a wonderful visit from Jackson and the Wild Action Australian Animal Show. We saw snakes, lizards, a turtle, a woylie, a green tree frog, a kookaburra, a water dragon and a sugar glider. Make sure you take a look at the reflections page for some fantastic photos!

We have learnt some new songs and group games and enjoyed acting out the stories of 'The Enormous Turnip' and 'Wombat Stew'

There are 3 scavenger hunts set up outside which the children are having a great time completing. This has promoted some wonderful teamwork and co-operation. The children's interest in letters and words is expanding as they name their own work, recognise new words and their surnames.

We cooked up some Wombat Stew recently - it was delicious!

We are continuing to explore emotions and gratitude through the Resilience Project, this term we will focus on empathy.



## Blue Group

### Parent Helpers:

Please come and join us for a session as our parent helper. We love having an extra pair of hands and the children are very excited when a family member is 'on duty'. Most importantly, it gives you an opportunity to see your child interact with others and observe them participating in the kindergarten program. All family members are welcome-please see us with any questions.

### School Transition Reports

On Monday 5th September I will begin writing Transition Reports. These are completed by Kindergarten teachers for all children attending school in 2023. Families and children also contribute to these reports which are passed on to the foundation teachers at the Primary School your child will attend.

Mia will be working with Anna on this day. More information about these will be distributed next Term.

### Dates for the diary:

- Thursday, 1<sup>st</sup> September - Father's Night 5.30pm-7.00pm.
- Tuesday, 6<sup>th</sup> September - Kool Kids First Aid Incursion 10.00am

Don't forget to pack a coat or vest each session, we spend time outside even on the extra chilly days!

Barb, Anna, Mia and Mai

[bluegroup@viewbankpreschool.com.au](mailto:bluegroup@viewbankpreschool.com.au)





## Green Group

Welcome back to kinder to all our families, we hope you are enjoying the term so far and thank you for getting up and out on those cold early Thursday mornings.

We started the term by talking about the season of Winter, involving our senses to explore what it feels, looks and smells like. The children have been enjoying watching (and helping) our ice blocks to melt, and during a group 'mystery bag' experience took turns holding the ice and trying to come up with words to describe how it feels. We then tried to connect the feeling to our prior experiences, when have you felt as cold as ice?! We held a pyjama dress-up day where the children and teachers came dressed in their pjs! It was a lot of fun and everyone was very excited to pretend to forget to get dressed.

The group are becoming much more social and so we using our emotion knowledge to initiate play with others. Looking deeper into making friends, keeping friends and problem solving with friends, we have begun talking about 'body bubbles' and the need to check in with our friends about how close they like us to be. We met the puppet 'Seemore' to role play asking if it is ok to have a hug or a high 5, and what to do if the friend says no.

This part of the program reflects on the new Child Safe Standards, this has been a good way to address Standard 3 – Children and young people are empowered about their rights, participate in decisions affecting them and are taken seriously. Baby steps for little people, but a good starting point from which to build as they grow.

We are encouraging more independence this term by having the children carry their own bags into the room and have more responsibility for unpacking their bags and putting away belongings. Our loved ones are still able to join us, but we are encouraging them to wait on the mat while the children get their jobs done before a kiss goodbye. We know our group are more than capable with this task, so look forward to them showing their grown-ups just how much they can do by themselves.

The group has begun exploring Australian animals, and we were lucky to have a visit from Wild Action presenter Jackson, who shared lots of animals with the group. Everyone had a turn holding and patting the animals, even the long snake and crocodile!



## Green Group

With the Commonwealth Games underway Green Group will be encouraged to try out lots of group games, practicing hand-eye coordination, strength, speed, agility and balance. We held our Kinder Games on 11<sup>th</sup> August, where the children participated in a circuit of games in small groups during the session. We held an awards ceremony at the end of the session to celebrate the children's achievements and participation. This was a great fundraising event, where the children were sponsored by family and friends.

Our rescheduled Drama Toolbox incursion (circus theme) went ahead on 18<sup>th</sup> August, which encourages more fitness.

To finish out the term we will learn about dinosaurs, participate in some science/STEAM experiences, and end with a Teddy Bears' Picnic. We will also celebrate Father's Day, by inviting our Dad's to kinder on 1<sup>st</sup> September.

On Tuesday afternoons we are lucky to have Caitlin Phipps, a year 9 student from Viewbank Secondary College, with us as she completes her Duke of Edinburgh Award. You will find her introduction in this newsletter, please say hi and make her feel welcome if you see her at the kinder.

Finally, it was lovely meeting with all the families over the past couple of weeks to talk about their children and plan for the remainder of the year. Thank-you to everyone for making the time for a quick chat, and please don't forget you can send an email or catch us at the kinder if you have any questions or concerns.

### Dates for the diary:

September

- 1<sup>st</sup> - Father's Day celebration
- 6<sup>th</sup> - Kool Kids First Aid Incursion
- 15<sup>th</sup> - Teddy Bears' Picnic - Last session of term 3

Vicki and Merryn

## Language Program



Nihao! This term we talked a lot about 'number' through songs, stories and games and we even learnt what number characters look like.

Traffic theme was also incorporated into the language program as we had an excursion to the traffic school. We played the Chinese version 'the Enormous Turnip', which helped us practise guessing the meaning of the story through pictures, expressions, voices, and body languages. We've also made every child a Chinese name card. They are being used in each language session as part of the routine. More Chinese characters will be introduced in Term 4. Qiaohu has been busy visiting children's family with the language bag. He has received warm welcome and has had lots of fun.

The following topics are planned for the rest of the term:

- Fruit and Juice Bar
- Middle-Autumn Festival (Moon Festival): We'll make traditional food ---- moon cake in the session.

Resources for learning at home

Check out videos I made below:

- The Enormous Turnip <https://youtu.be/GafpMMTmow8>
- The Little Tadpoles Looking For Mum  
<https://youtu.be/oNXJTpmrecw>
- Five Little Monkeys <https://youtu.be/vO+HkSVRhUo>

Mia

[elanguages@viewbankpreschool.com.au](mailto:elanguages@viewbankpreschool.com.au)

## Special news and events

### Viewbank Preschool Working Bees

#### Helpers wanted

- Blue Group Working Bee Sunday, 11<sup>th</sup> September 10am-12pm (soon!)
- Red Group Working Bee on Sunday, 23<sup>rd</sup> October 10am-12pm

Come and join the action at Viewbank Preschool's planned Working Bees on Sunday 11<sup>th</sup> September or 23<sup>rd</sup> October. Help make our kindergarten neat and weed-free for the kids, meet other parents from the same Group and let the kids help out!

Bring your gardening tools or borrow some of ours - your helping hands will be appreciated either way. You can let us know if you are coming (preferred), or just turn up on the day. The more the merrier and the better job we can do for our kinder!

Thanks in advance,  
Greg - [maintenance@viewbankpreschool.com.au](mailto:maintenance@viewbankpreschool.com.au)

### Viewbank Preschool Annual General Meeting (AGM)

Tuesday 25<sup>th</sup> October 7.00-8.00pm

Our AGM is just around the corner. We will provide more information on the event soon, along with calling for Expressions of Interest for next year's management Committee.

### Meet Caitlin

Caitlin is a high-school volunteer doing the Duke of Edinburgh Award at her school – and a previous Viewbank Preschool student herself



"Hey, my name is Caitlin and I'm in Year 9 at Viewbank College. I chose Duke of Ed as an elective at school, which led to my volunteering in the Kindergarten. Every Tuesday afternoon, I will assist at the kindergarten providing the kinder children with assistance and support when required by playing with the kids or reading to them. I chose to volunteer at Viewbank Preschool because I went here when I was younger and also enjoy working with children and may have it as a career choice when I'm older. I love playing sports, especially basketball and swimming, and adore animals"

## General news

### Term 3 Fundraising

A huge thanks to the family and friends that supported our Green Group Kinder games fundraiser event this term. We raised an amazing \$805!

An especially big thanks and congratulations to the Wenborn family who were the top fundraisers and won a hamper prize for their efforts!

Our teachers are very excited to be checking off their wish list and buy new resources for the Kinder with all the generous donations this year!

### Wood and cardboard donations

The four year old groups would appreciate donations of offcuts of soft wood for the Term 3 woodwork activity.

- Small pieces of soft timber anything up to 30cm
- Small cardboard boxes nothing bigger than a tissue box.

### Jackets and Beanies

We continue to spend time outside even in the cooler months so please ensure your child has a jacket/vest for every session. If they like to wear a beanie, pack that too.

### Absences

Please email your child's teacher or phone the Kindergarten if your child will be absent because of illness, holiday or just a day at home.

Barb - [bluegroup@viewbankpreschool.com.au](mailto:bluegroup@viewbankpreschool.com.au)

Ann-Marie - [redgroup@viewbankpreschool.com.au](mailto:redgroup@viewbankpreschool.com.au)

Vicki - [greengroup@viewbankpreschool.com.au](mailto:green@viewbankpreschool.com.au)



## Community news

Tracy is an accredited family nutritionist who lives and works in the local area – working with the Little Footsteps clinic in Macleod.

She offers a range of different nutrition related resources and services including some great free healthy recipes. We could all use some inspiration for kinder snack boxes!



### HELPING FAMILIES MAKE SMART NUTRITION CHOICES

IN-PERSON & ONLINE CONSULTATIONS AVAILABLE

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## How I can help:

### 1:1 CONSULTATIONS



Tailored nutrition support for parents, children & teens. Areas Include:

- weight loss
- digestive issues
- increasing energy
- behavioural support
- nutrient deficiencies
- mental health & mood

### MEAL PLANNING SERVICE



Plans to suit all kinds of health needs, food preferences - suitable for the whole family. All plans include customised guide, shopping lists & recipes

### FOOD THERAPY SESSIONS



Helping kids to become comfortable with trying new foods through creative play, cooking, and conversation. Supporting food associations, behaviours and growth

**Download your FREE healthy snack & lunch recipe e-book today:**

[bewellnourishment.com](http://bewellnourishment.com)

*Do you have a child with special needs, a "picky eater", or one that fears trying new foods?*

*Are you looking to lose weight without having to cook separate meals for the whole family?*

**GET IN TOUCH TODAY!**

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